



Behavioral Health:

Register today for a Racial Trauma Forum hosted by Anthem 2
and Motivo on October 28, 2020

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Published: Oct 14, 2020 - Products & Programs / Behavioral Health

Anthem Blue Cross and Blue Shield (Anthem) is committed to making healthcare simpler and addressing health disparities. We believe that open discussions about trauma, racial injustice, and inequality are critical to improving health and wellbeing of all Americans and the communities in which we live and serve.

Please join us for a virtual forum to hear from a diverse panel of experienced Anthem and Motivo professionals on addressing racial trauma with your patients as well as best practices for navigating your own emotions and experiences and finding ways to ensure selfcare.

Anthem and Motivo Racial Trauma Forum

Wednesday, October 28, 2020

4:00-5:30 p.m. EST

Please register for this event by Monday, October 26th, 2020 by clicking this [link](#).

60-1020-EM-ALL

URL: <https://providernews.anthem.com/connecticut/article/racial-trauma-forum-hosted-by-anthem-and-motivo>
