

## Updates to AIM Musculoskeletal Program Clinical Appropriateness Guidelines\*

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Effective for dates of service on and after May 17, 2020, the following updates will apply to the AIM Musculoskeletal Program: Joint Surgery and Spine Surgery Clinical Appropriateness Guidelines.

### Joint Surgery Updates by section:

- Shoulder Arthroplasty
  - Added steroid injection for all joints exclusion based on panel recommendation
  - Added exclusions for use of xenografts or biologic scaffold for augmentation or bridging reconstruction, use of platelet rich plasma or other biologics and concomitant subacromial decompression
  - Removed indication for subacromial impingement with rotator cuff tear
- Hip arthroplasty
  - Added exclusion for steroid injection for joint being replaced within the past 6 weeks
  - Added labral tear indication
- Knee Arthroscopy and Open Procedures
  - Added chondroplasty indication
  - Narrowed use of lateral release to lateral compression as a cause for anterior knee pain or chondromalacia patella
  - Added a conservative management and advanced osteoarthritis exclusion to patellar compression syndrome section
- Code changes
  - Added CPT codes 27425, 27570

## Spine Surgery Updates by section:

- No criteria changes
- Code changes only
  - Added CPT codes 0200T, 0201T

As a reminder, ordering and servicing providers may submit prior authorization requests to AIM in one of several ways:

- Access AIM's **ProviderPortal<sub>SM</sub>** directly at [providerportal.com](http://providerportal.com). Online access is available 24/7 to process orders in real-time, and is the fastest and most convenient way to request authorization.
- Access AIM via the Availity Web Portal at [availity.com](http://availity.com)
- Call the AIM Contact Center toll-free number: 800-554-0580, Monday–Friday, 8:30 a.m. – 7:00 p.m. ET.

For questions related to guidelines, please contact AIM via email at [aim.guidelines@aimspecialtyhealth.com](mailto:aim.guidelines@aimspecialtyhealth.com). Additionally, you may access and download a copy of the current and upcoming guidelines [here](#).

\* Notice of Material Changes/Amendments to Contract and Changes to Prior Authorization Requirements may apply for new or updated reimbursement policies, medical policies, or prior authorization requirements.

**URL:** <https://providernews.anthem.com/indiana/article/updates-to-aim-musculoskeletal-program-clinical-appropriateness-guidelines-2>

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