

Foundations Counseling Center

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Jennifer C. Moore, MSW, LCSW, Inc., doing business as Foundations Counseling Center, was incorporated in 2003 by Jennifer Moore. Prior to establishing a group practice, Jennifer worked in mental health inpatient and outpatient facilities, group home settings, and residential treatment centers. Graduating in 1994 with Highest Honors from the University of California, Santa Barbara with a bachelor's degree in Psychology, Moore has been awarded the Katherine Esau Award and the Chairperson's Award in Psychology. In 1996, she was awarded scholarships to attend the University of Nevada, Las Vegas and graduated in 1998 with a master's degree in Social Work. Since then, Jennifer has taken an active role within the Las Vegas community, not only building her practice to affect positive change within people, but also supporting and volunteering her time for various charities throughout the valley. To date, Jennifer has had over 30 years of experience in the mental health field.

What began as just a private practice in 2003 has quickly grown to become a highly-regarded group practice and agency within the community. Today, Foundations Counseling Center is made up of nine mental health providers and two office staff employees (see photo listing providers). Foundations Counseling Center had always offered outpatient mental health services in the northwest part of Las Vegas, Nevada, but as of January 2021, Foundations Counseling Center has expanded and collaborated with Focus Mental Health Solutions to provide services together under one roof in Henderson, Nevada.

Through the years, Foundations Counseling Center has provided high quality care to help clients with a wide range of presenting problems — including suicidal ideation, self-mutilation, depression, anxiety, eating disorders, adjustment disorders, trauma-related issues, ADHD, behavioral issues, bipolar disorder and a multitude of presenting concerns. Foundations Counseling Center specializes in working with children and adolescents, but sees individuals, couples and families of all ages.

Foundations Counseling Center values the uniqueness of each individual. Although they tend to utilize cognitive-behavioral techniques in practice, they are eclectic in their approach and develop treatment plans that best meet the specific needs of their clients. Focusing on symptoms versus labels, solutions rather than problems, and recognizing the significant relationship between a person and their environment are how Foundations Counseling Center manages to help all clients actualize their potential and achieve their goals.



(In group photo from left to right: Susan Woolf, CSW-I; Jacob Lockhart; Shayla Williams, CSW-I; Lisa Roberson, LCSW; Jennifer Moore, LCSW; Elizabeth Arellano, CSW-I; Frances Young, LCSW; Steven Antolin, CSW-I; Kelly Cox. (Not pictured: Natasha Mosby, LCSW; Jody Williams, LCSW)

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You only need to write in once. We will revisit submissions each quarter. Thank you for all the work that you do!

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