

## **Anthem fights opioid addiction**

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### **Extension for Community Healthcare Outcomes (ECHO)**

Opioid overdose rates continue to rise. With the support of medication–assisted therapy (MAT) ECHO, you can help save lives. Join one of several video tele-consultative ECHO learning communities nationwide and participate with other clinicians learning about medication-assisted treatment for individuals with opioid disorders. For more information, visit the [ECHO website](#).

Benefits of participating include:

- Addiction treatment training
- Free continuing education credits
- Opportunity to receive expert input on your (de-identified) patient cases
- Access to a virtual learning community for treatment guidelines, tools and patient resources
- Opportunity to ask questions and get a variety of support from specialists

### **Medication-Assisted Therapy (MAT)**

To help ensure members have access to comprehensive evidence-based care, we are committed to helping providers double the number of members who receive behavioral health services as part of MAT for opioid addiction.

When treating patients with opioid use disorder, it is considered best practice to offer and arrange evidence-based treatment. This usually consists of MAT with buprenorphine or, in some plans, methadone maintenance treatment in combination with behavioral therapies. Behavioral therapies focused on medication adherence and relapse prevention can improve MAT outcomes and improve other social determinants of health, including development of an enhanced social support network in recovery.

### **For more information**

For more information about best practices for medication-assisted treatment, please read the American Society of Addiction Medicine's [National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use](#).

You can also contact Jennifer Tripp by email at [jennifer.tripp@anthem.com](mailto:jennifer.tripp@anthem.com) for more information about the ECHO and MAT programs.

**URL:** <https://providernews.anthem.com/connecticut/article/anthem-fights-opioid-addiction>

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